

Introduction to Public Health Nutrition (USyd)/Nutrition Policies, Programs and Planning (UQld)

University description

Students successfully completing this course will gain an understanding of the field of public health nutrition (PHN), and develop practical skills and expertise related to analysing food and nutrition problems in a community and taking action to address them. While the course often focuses on particular nutrition problems in Australia, the Asia/Pacific region or other context, this is used to develop a general approach that can be used in any setting. This includes: assessing community needs and priorities; analysing factors that influence food choice, consumption patterns and nutrient intake in a particular context; applying current approaches and theories in health promotion; and the principles of planning, management and evaluation of nutrition policies and programs. We use a problem-solving, action-oriented approach to the course.

Recommended Pre-requisite & Co-requisite

UQ- NUTR7001 Nutrition in practice in developed and developing countries

NUTR7002 Nutritional Assessment in the Community

USyd- Epidemiology PUBH5002, Biostats PUBH5002, Approaches to problems in Public Health

PUBH5006-7, Health Promotion electives *Other universities – to be decided*

Potential Integration with other PHN Subjects

[*To add.*]

APHNAC Peer Review Summary

The course is an introduction to program planning and implementation, and also covers process evaluation, in the context of public health nutrition. Teaching and learning strategies focus on collaborative learning, experiential learning and self-directed learning.

Suitability

The course is suitable for people with no background in nutrition, and less suitable for people with a nutrition and dietetics background and those with considerable experience in program planning, implementation and evaluation in public health.

Category

This topic is an introduction to program planning and implementation in public health nutrition and has less of a focus on evaluation techniques at an advanced level (i.e. outcome evaluation).

Topic coordinators

Queensland: Dr Geoff Marks

Sydney: Dr Karen Webb